AIA Vitality LIVE WELL WITH AIA VITALITY

AIA Vitality supports you in staying active and living healthy for a better you! Best of all, you get rewarded with an extensive suite of partner rewards and benefits!

THE HEALTHIER YOU GET, THE MORE REWARDS YOU ENJOY:

KNOW YOUR HEALTH

Discover your health needs with online health assessments and regular health screenings at our partner clinics. From your dental health to your nutritional level, there's plenty that you can do to know your health inside out with AIA Vitality.

IMPROVE YOUR HEALTH

Get personalised challenges across your exercise, diet, sleep, and other aspects of health to live better. What's more, complete the Weekly Fitness Challenge to spin the Vitality Wheel for sure-win Vitality coins or surprise gifts!

GET REWARDED

Redeem rewards from our partners and enjoy discounts on gym memberships, movie deals, and more — plus other partner benefits when you boost your AIA Vitality status.



PLUS – Get up to 15% Insurance Premium Discount and additional insurance coverage on selected AIA insurance plans!

For more information, please visit AIAVitality.com.sg or contact your AIA Financial Services Consultant/Insurance Representative.

AIA Vitality LEVELUP YOUR HEALTH & REWARDS



THE HIGHER YOUR VITALITY STATUS, THE MORE REWARDS YOU ENJOY.

Simply get active, eat well and complete health checks to earn AIA Vitality points to level up. These points add up to boost your Vitality status up to Platinum, so you can enjoy your Platinum bonus of 2,000 Vitality coins, up to 15% premium discount on your AIA plans, and up to 50% off cruise and flight fares!



HERE'S A RECOMMENDED JOURNEY

Whether it's fast and furious, or slow and steady, do it at your own pace and #LiveWithVitality! Check out this recommended journey on how you can level up your Vitality status!

If you level up your Vitality status within your membership year, you'll automatically enjoy the greater benefits of your new Vitality status!

| 10,000 PC ROUND 1 On Up Bas | TO SILVER DINTS Nine Health Assessments to 1,750 points a year Asic Health Screening to 10,000 points | SILVER TO GOLD D,0000 POINTSImage: Single Constant Sing | GOLD TO PLATINUM 30,000 POINTSImage: Stress of the | |
|---|--|--|---|--|
| | > >>> 🎝 | Get Active 15,000 points a year for physical activities | >>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>> | |
| | > >>> 🛃 | Sleep Well Up to 1,000 points a year when you achiev of sleep a day which gives you 5 points pe | | |

Your AIA Vitality points will reset every membership year

AIA Vitality LEVEL UP CHECKLIST



YOUR GUIDE TO #LIVEWITHVITALITY

Here are all the points-earning activities that you can do with AIA Vitality to level up your Vitality status for a healthier YOU! The higher your Vitality status, the better your rewards!

Check off the list as you go along to keep track of your progress.





Download the **My AIA SG** app and **activate** your account to get started on AIA Vitality!

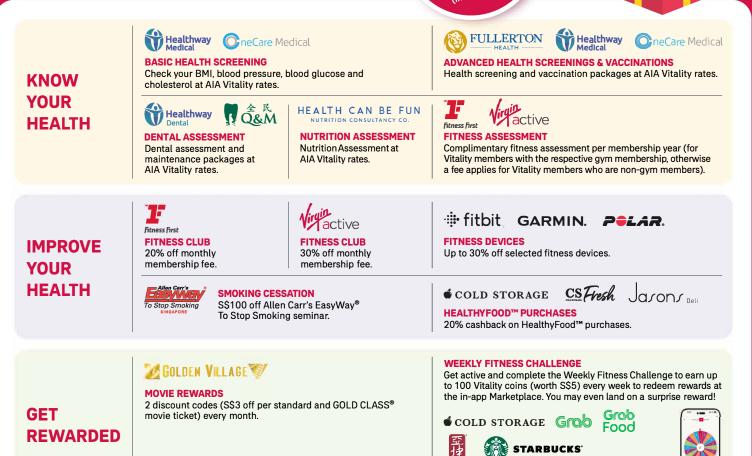


AIA Vitality

ENJOY A WORLD OF REWARDS



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ENJOY GREATER REWARDS AS YOU LEVEL UP!

| | BENEFITS/ STATUS | BRONZE | SILVER | GOLD | PLATINUM | |
|---------------------------|---|---|--------|------|----------------------|--|
| | FLIGHT BENEFIT Rebate on airfares for Economy Class Return Tickets | 5% | 5% | 10% | 20% | |
| | CRUISE BENEFIT Discount on cruise fares | 10% | 25% | 35% | 50% | |
| G G R A V I T Y | FITNESS CLUB Discount on monthly membership fee | х | х | х | 20% | |
| Virgin active | FITNESS CLUB 3 free Personal Training sessions and 10% off purchases made at in-club cafes | Х | x | Х | \checkmark | |
| AIA Vitality | PLATINUM BONUS | х | х | х | 2,000 Vitality coins | |
| AP | INSURANCE PREMIUM DISCOUNT | Up to 15% off insurance premiums or free additional coverage on selected AIA insurance plans. | | | | |

Important Notes: This brochure is meant to be a brief description of the features for AIA Vitality. For full details of AIA Vitality's features, partner rewards, benefits and relevant terms and conditions, please refer to AIAVItality.com.sg. AIA Vitality, its website and app, are intended for use only for general well-being purposes or to encourage or maintain a healthy lifestyle, and are not intended to be used for any medical purposes (such as the detection, diagnosis, monitoring, management, or treatment of any medical condition or disease). Any health-related information provided by AIA Vitality in its website, app or in any other form should not be treated as medical advice. Please consult a physician for any medical advice required. Information is correct as at 24 April 2023.